

Hanuman chalisa lyrics full meaning:

Reciting the Hanuman Chalisa is believed to bestow numerous benefits, both spiritual and material. These benefits stem from the attributes and powers of Lord Hanuman as described in the verses. Here are some of the key benefits:

- 1. **Protection from Negative Energies**:** Reciting the Hanuman Chalisa is believed to protect individuals from evil spirits, ghosts, and negative energies. It acts as a shield against harm and malevolent forces.
- 2. **Overcoming Fear and Anxiety**:** Chanting the Hanuman Chalisa can help alleviate fears, anxieties, and stress. It instills a sense of courage, confidence, and mental strength.
- 3. **Health Benefits**:** The Hanuman Chalisa is said to have healing properties. Regular recitation can help in overcoming ailments and diseases, promoting physical well-being and vitality.
- 4. **Removing Obstacles**:** It is believed that Hanuman, being a devoted servant of Lord Rama, removes obstacles and hardships from the path of his devotees, helping them achieve their goals and fulfill their wishes.
- 5. **Mental Peace and Focus**:** Chanting the Hanuman Chalisa can bring about mental peace, clarity, and focus. It aids in meditation and enhances concentration.
- 6. **Spiritual Growth**:** The Hanuman Chalisa is a powerful tool for spiritual growth. It deepens one's devotion and connection to the divine, fostering a sense of humility and surrender.
- 7. **Prosperity and Success**:** Reciting the Hanuman Chalisa is believed to bring prosperity and success in personal and professional life. It is thought to attract positive energy and good fortune.
- 8. **Relief from Difficult Situations**:** Hanuman is known for his ability to help devotees overcome difficult situations. Reciting the Chalisa can provide solace and solutions during times of crisis.
- 9. **Blessings for the Family**:** Regular recitation can bring blessings to one's family, ensuring their protection, health, and prosperity. It fosters harmony and peace within the household.

10. ****Divine Support and Guidance****: By invoking Lord Hanuman's blessings, devotees receive divine support and guidance in their endeavors. Hanuman's wisdom and strength help navigate life's challenges.

11. ****Increase in Devotional Energy****: The Hanuman Chalisa enhances one's devotional energy, making it easier to focus on spiritual practices and cultivate a deeper relationship with the divine.

12. ****Alleviating Planetary Afflictions****: In astrology, reciting the Hanuman Chalisa is believed to mitigate the malefic effects of planets, particularly Saturn (Shani) and Mars (Mangal), bringing relief from astrological afflictions.

Overall, the Hanuman Chalisa is considered a powerful and transformative hymn, offering a wide range of benefits to those who recite it with faith and devotion.

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